=> fil medline FILE 'MEDLINE' ENTERED AT 14:27:54 ON 08 JAN 2004

FILE LAST UPDATED: 7 JAN 2004 (20040107/UP). FILE COVERS 1958 TO DATE.

On December 14, 2003, the 2004 MeSH terms were loaded. See HELP RLOAD for details.

MEDLINE thesauri in the /CN, /CT, and /MN fields incorporate the MeSH 2004 vocabulary. See http://www.nlm.nih.gov/mesh/ and http://www.nih.gov/pubs/yechbull/nd03/nd03 mesh.html for a description on changes.

This file contains CAS Registry Numbers for easy and accurate substance identification.

*** YOU HAVE NEW MAIL ***

=> d all tot

ANSWER 1 OF 8 L77 MEDLINE on STN

AN 2002458694 MEDLINE

DN 22204755 PubMed ID: 12216605

Superficial versus deep dry needling. TI

Baldry Peter ΑU p.baldry@ukonline.co.uk

Acupunct Med, (2002 Aug) 20 (2-3) 78-81. Ref: 17 SO Journal code: 9304117. ISSN: 0964-5284.

England: United Kingdom CY

Journal; Article; (JOURNAL ARTICLE) DTGeneral Review; (REVIEW) (REVIEW, TUTORIAL)

English LA

Priority Journals FS

200301 EM

Entered STN: 20020910 ED Last Updated on STN: 20030202 Entered Medline: 20030131

Ninety percent of my patients with myofascial trigger point (MTrP) pain have this alone and are treated with superficial dry needling. Approximately 10% have concomitant MTrP pain and nerve root compression pain. These are treated with deep dry needling. SUPERFICIAL DRY NEEDLING (SDN): The activated and sensitised nociceptors of a MTrP cause it to be so exquisitely tender that firm pressure applied to it gives rise to a flexion withdrawal reflex (jump sign) and in some cases the utterance of an expletive (shout sign). The optimum strength of SDN at a MTrP site is the minimum necessary to abolish these two reactions. With respect to this patients are divided into strong, average and weak responders. The responsiveness of each individual is determined by trial and error. It is my practice to insert a needle $(0.3 \text{mm} \times 30 \text{mm})$ into the tissues immediately overlying the MTrP to a depth of 5-10 mm and to leave it in situ long enough for the two reactions to be abolished. For an average reactor this is about 30 secs. For a weak reactor it is several minutes. And for a strong reactor the insertion of the needle and its immediate withdrawal is all that is required. Following treatment muscle stretching exercises should be carried out, and any steps taken to eliminate factors that might lead to the reactivation of the MTrPs. DEEP DRY NEEDLING (DDN): This in my practice is only used either when primary MTrP activity causes shortening of muscle sufficient enough to bring about compression of nerve roots. Or when there is nerve compression pain usually from spondylosis or disc prolapse and the secondary development of MTrP activity. Unlike SDN, DDN

is a painful procedure and one which gives rise to much post-treatment

soreness.

CT Check Tags: Female; Human; Male

Acupuncture Analgesia: IS, instrumentation *Acupuncture Analgesia: MT, methods

Anesthetics, Local: AD, administration & dosage Myofascial Pain Syndromes: PP, physiopathology *Myofascial Pain Syndromes: TH, therapy Nociceptors: PP, physiopathology

CN 0 (Anesthetics, Local)

L77 ANSWER 2 OF 8 MEDLINE on STN

AN 2002304632 MEDLINE

DN 22042965 PubMed ID: 12048416

TI Comparison of superficial and deep acupuncture in the treatment of lumbar myofascial pain: a double-blind randomized controlled study.

AU Ceccherelli Francesco; Rigoni Maria Teresa; Gagliardi Giuseppe; Ruzzante Leonardo

- Observatory on Unconventional Medicine, Anesthesiological Unit of the Department of Pharmacology and Anesthesiology, University of Padova, Italy.. istaneri@uxl.unipd.it
- SO CLINICAL JOURNAL OF PAIN, (2002 May-Jun) 18 (3) 149-53. Journal code: 8507389. ISSN: 0749-8047.
- CY United States
- DT (CLINICAL TRIAL)

 Journal; Article; (JOURNAL ARTICLE)

 (RANDOMIZED CONTROLLED TRIAL)
- LA English
- FS Priority Journals
- EM 200209
- ED Entered STN: 20020606

 Last Updated on STN: 20020913

 Entered Medline: 20020912
- OBJECTIVE: The aim of the study was to compare the therapeutic effect of AΒ the superficial and in-depth insertion of acupuncture needles in the treatment of patients with chronic lumbar myofascial pain. DESIGN: A prospective randomized double-blind study of superficial and deep acupuncture was conducted. SETTING: The study was conducted in the Pain Service Unit of the University of Padova. PATIENTS: The study comprised 42 patients with lumbar myofascial pain who were divided into two equal groups (A and B). INTERVENTION: In group A, the needle was introduced in the skin at a depth of 2 mm, whereas in group B the needle was placed deeply into muscular tissue. The treatment was planned for a cycle of eight sessions. OUTCOME MEASURES: The intensity of pain was evaluated with the McGill Pain Questionnaire before and after treatment and at the 3-month follow-up examination. RESULTS: Although at the end of the treatment there was no evidence of significant statistical differences between the two different groups, pain reduction was greater in the group treated with deep acupuncture. A statistical difference existed between the two groups at the 3-month follow up, with a better result in the deeply stimulated group. CONCLUSIONS: Clinical results show that deep stimulation has a better analgesic effect when compared with superficial stimulation.
- CT Check Tags: Comparative Study; Female; Human; Male; Support, Non-U.S. Gov't

*Acupuncture Therapy: MT, methods

Adult

Double-Blind Method
Follow-Up Studies >

Lumbosacral Region

Middle Age

Myofascial Pain Syndromes: PP, physiopathology

*Myofascial Pain Syndromes: TH, therapy

Pain Measurement Palliative Care

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L77 ANSWER, 3 OF 8 MEDLINE on STN
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AN 90320428 MEDLINE

DN 90320428 PubMed ID: 1973579

- TI Beneficial effects of acupuncture treatment following experimental spinal cord injury: a behavioral, morphological, and biochemical study.
- AU Politis M J; Korchinski M A
- CS Department of Surgery, University of Saskatchewan, Saskatoon, Canada.
- SO ACUPUNCTURE AND ELECTRO-THERAPEUTICS RESEARCH, (1990) 15 (1) 37-49. Journal code: 7610364. ISSN: 0360-1293.
- CY United States
- DT Journal; Article; (JOURNAL ARTICLE)
- LA English
- FS Priority Journals
- EM 199008
- ED Entered STN: 19900921

Last Updated on STN: 19950206

Entered Medline: 19900821

- The uses and limitations of "first aid" acupuncture treatment ABwere assessed after spinal cord injury in rats. Spinal cords were exposed to a standardized contusion lesion at T8, followed by electroacupuncture stimulation of three points: (a) B1.60 (within the depression dorsal to the lateral malleolus), (b) B1.54 (popliteal space) and (c) Gv.3 (intervertebral space between L4 and L5). Acupuncture treatment was performed at by either 15 min or 24 hrs after surgery. Control rats received spinal cord injury without acupuncture treatment. Animals were assessed at 3 days post-operatively. Results showed improved function (as assessed by a combined behavioral score) in rats which had been treated with acupuncture 15 min after injury relative to those that received no acupuncture treatment. This was accompanied by minimization of post-traumatic cord shrinkage in acupuncture-treated animals and a marked (3 fold) sparing of ventral horn neurons. Plasma cortisol levels rose over 3-fold within 2 hours post-operatively in nonacupuncture-treated rats, where these levels rose less than two fold in acupuncture treated animals. None of the above beneficial effects occurred in rats given acupuncture treatment 24 hrs after spinal cord injury. Results point to a usefulness of acupuncture as adjunct treatment during early stages after spinal cord injury.
- CT Check Tags: Animal; Female

Acupuncture Points

*Acupuncture Therapy: MT, methods

Electroacupuncture

Emergency Medical Services

Rats

Rats, Inbred Strains

Spinal Cord Injuries: SU, surgery *Spinal Cord Injuries: TH, therapy Time Factors

- L77 ANSWER 4 OF 8 MEDLINE on STN
- AN 90020102 MEDLINE
- DN 90020102 PubMed ID: 2678566
- TI [Acupuncture in pain therapy: current concepts].
 Akupunktur in der Schmerztherapie: aktuelle Konzeptionen.
- AU Luu M; Boureau F
- SO THERAPEUTISCHE UMSCHAU, (1989 Aug) 46 (8) 518-25. Ref: 21 Journal code: 0407224. ISSN: 0040-5930.
- CY Switzerland

- DT Journal; Article; (JOURNAL ARTICLE)
 General Review; (REVIEW)
 (REVIEW, TUTORIAL)
- LA German
- FS Priority Journals
- EM 198911
- ED Entered STN: 19900328

Last Updated on STN: 19900328

Entered Medline: 19891107

Acupuncture is a technique that was originally developed in AB ancient Chinese culture. One of the most important areas of use is in pain treatment. Many scientific publications have tried to prove the efficacy of acupuncture and have tried to determine the possible mechanisms of action. It has been shown that stimulation by acupuncture, mechanically or electrically, stimulates certain endocrine control mechanisms, which cause the release of morphine like substances. These endocrine controls are not only stimulated by acupuncture, but also are activated by other pain fighting techniques that utilize peripheral stimulation. Even if experimental studies could prove the effects of acupuncture, it is still difficult for scientists to accept the Chinese theory. Until now, nobody could determine the exact nature of the points and circles of acupuncture. The precise location of the points does not seem to be a requirement for the analgesic effects. The analysis of referred pain made it possible to confirm the anatomical and functional bases of acupuncture points and circles. Many authors have found good external agreement between points of pain and acupuncture points and have found agreement between the Chinese circles and radicular and pseudoradicular pain areas. With respect to the interpretation of the results of controlled clinical studies, it was difficult to determine the criteria for placebo. The criteria used depends on which acupuncture model is used. In the traditional model, any use of the needle at a different point from the Chinese point is called placebo. In the neurophysiological model, it seems that the method of stimulation, mechanical or electrical, makes the difference. hypothesis has been confirmed by analysing all past clinical

CT Check Tags: Human

*Acupuncture Analgesia: MT, methods Acupuncture Points

studies.(ABSTRACT TRUNCATED AT 250 WORDS)

Endorphins: PH, physiology

English Abstract

Pain: PP, physiopathology

*Pain: TH, therapy

Spinal Cord: PP, physiopathology

- CN 0 (Endorphins)
- L77 ANSWER 5 OF 8 MEDLINE on STN
- AN **78247183** MEDLINE
- DN 78247183 PubMed ID: 683427
- TI [Modified acupuncture in the treatment of pain]. Igloterapia w zwalczaniu bolu.
- AU Kwasucki J; Zaleska B; Gierczak J
- SO NEUROLOGIA I NEUROCHIRURGIA POLSKA, (1978 May-Jun) 12 (3) 229-34. Journal code: 0101265. ISSN: 0028-3843.
- CY Poland
- DT Journal; Article; (JOURNAL ARTICLE)
- LA Polish
- FS Priority Journals
- EM 197810
- ED Entered STN: 19900314

Last Updated on STN: 20000303

Entered Medline: 19781018

The authors report the results of treatment with a modification of ABacupuncture associated with chemical stimulation in 144 patients with painful radicular syndromes and headaches. In 57 cases sciatic pains were present, in 21 cases shoulder pains, in 20 migraine and in 46 vasomotor headaches. Permanent disappearance of pain, that is disappearance of pain during the procedure and lack of recurrence within several successive days, was obtained in about 40% of cases of radicular syndromes and in 62% of cases of headaches, early disappearance of pain for 3 to 48 hours after the procedure was obtained in 14% of radicular syndromes and nearly 26% headaches, while improvement, that is reduction of pain intensity, was achieved in 29.5% of radicular pains and 3% of headaches, while in 15.3% of cases of radicular syndromes and 9% of cases of headaches no improvement was observed. Both vasomotor headaches and neuralgias belong to the group of nervous system diseases in which pain is the basic and sole symptom, while treatment includes its removal. In these cases acupuncture is a valuable analgesic method. The presently reported results agree with those in the literature on the use of classical acupuncture and its modifications. It is worth stressing that insertion of needles into the traditional points used in classical acupuncture is without any greater importance was shown by the presently reported experiences (various points were used in the same case) as well as by the reports of other authors. The modification of acupuncture with addition of chemical stimulation has been tried by the authors for 4 years. A weak stimulus resulting from insertion of the needle and irritation of the nerve endings with concentrated sodium chloride acts similarly as mechanical or electrical irritation. The method is simple and completely safe.

CT Check Tags: Human

*Acupuncture Therapy: MT, methods

English Abstract Pain: ET, etiology

*Pain: TH, therapy

Posterion and

Recurrence

Remission, Spontaneous

Sciatica: CO, complications

Vascular Headaches: CO, complications

- L77 ANSWER 6 OF 8 MEDLINE on STN
- AN **75052037** MEDLINE
- DN 75052037 PubMed ID: 4479722
- TI Managing chronic pain.
- AU O'Neal J T
- SO AMERICAN FAMILY PHYSICIAN, (1974 Dec) 10 (6) 74-84. Journal code: 1272646. ISSN: 0002-838X.
- CY United States
- DT Journal; Article; (JOURNAL ARTICLE)
- LA English
- FS Abridged Index Medicus Journals; Priority Journals
- EM 197502
- ED Entered STN: 19900310

Last Updated on STN: 19900310

Entered Medline: 19750218

CT Check Tags: Human

Acupuncture Therapy

Analgesics: TU, therapeutic use

Behavior

Behavior Therapy

Central Nervous System: SU, surgery

Chronic Disease: TH, therapy

Emotions -

Hypertonic Solutions

Injections, Spinal

```
Nerve Block
      Nerve Fibers, Myelinated: PP, physiopathology
      Neural Inhibition
      Pain, Intractable: DI, diagnosis
      Pain, Intractable: DT, drug therapy
      Pain, Intractable: PP, physiopathology
      Pain, Intractable: SU, surgery
     *Pain, Intractable: TH, therapy
      Physical Examination
      Psychological Tests
      Reticular Formation: PP, physiopathology
      Social Environment
      Sodium Chloride: AD, administration & dosage
      Sodium Chloride: TU, therapeutic use
        Spinal Cord: PP, physiopathology
      Synapses: PP, physiopathology
     7647-14-5 (Sodium Chloride)
RN
     0 (Analgesics); 0 (Hypertonic Solutions)
CN
L77
     ANSWER 7 OF 8
                       MEDLINE on STN
AN
     75034940
                  MEDLINE
DN
     75034940
                PubMed ID: 4609312
TI
     Acupuncture for pain relief.
     Rozier C K
AU
     PHYSICAL THERAPY, (1974 Sep) 54 (9) 949-52.
SO
     Journal code: 0022623. ISSN: 0031-9023.
CY
     United States
DT
     Historical
     Journal; Article; (JOURNAL ARTICLE)
LA
     English
     Abridged Index Medicus Journals; Priority Journals; History of Medicine
FS
EM.
     197501
ED
     Entered STN: 19900310
     Last Updated on STN: 19900310
     Entered Medline: 19750116
     Check Tags: Human
CT
       *Acupuncture Therapy
        Acupuncture Therapy: HI, history
      China
      Europe
      History of Medicine, 17th Cent.
      History of Medicine, 19th Cent.
      History of Medicine, 20th Cent.
      History of Medicine, Ancient
      History of Medicine, Medieval
      Japan'
      Medicine, Chinese Traditional
        Needles
      Pain: PP, physiopathology
     *Pain: TH, therapy
      Perception
      Physical Stimulation
      Reflex
        Spinal Cord: PP, physiopathology
        Substantia Gelatinosa: PP, physiopathology
      Thalamus: PP, physiopathology
L7.7
    ANSWER 8 OF 8
                       MEDLINE on STN
AN
     72257738
                  MEDLINE
DN
                PubMed ID: 5052061
     72257738
    Needle power. A report and discussion of acupuncture.
TI
ΑU
     Lee J F
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CALIFORNIA MEDICINE, (1972 Aug) 117 (2) 74-6.

SO

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Journal code: 0410260. ISSN: 0008-1264.
     United States
CY
     Journal; Article; (JOURNAL ARTICLE) "
 DT
     English
LA
     Priority Journals
FS
     197210
EM
     Entered STN: 19900310
ED
     Last Updated on STN: 19900310
     Entered Medline: 19721005
     Check Tags: Female; Human; Male
CT
        *Acupuncture Therapy
      Adult
      *Anesthesia, Dental
       *Intervertebral Disk Displacement: TH, therapy
      Middle Age
     *Osteoarthritis: TH, therapy
=> => d his
      (FILE 'HOME' ENTERED AT 10:59:28 ON 08 JAN 2004)
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           9090 S ?ACUPUNCT?
L1
                 E ACUPUNCTURE/CT
                 E E3+ALL
L2
            178 S E3
                 E E5+ALL
L3
           8183 S E4+NT
L4
           9309 S L1-L3
                 E SPINAL CORD COMPRESSION/CT
                 E E3+ALL
L5
           6154 S E19+NT
                 E E18+ALL
          14858 S E14
L6
L7
            109 S E57, E58
                E HERNIA/CT
                E E3+ALL
         110171 S (SPINAL CORD+NT OR SPINE+NT)/CT
\Gamma8
L9
           3606 S L8 AND ?HERNIA?
                E INTERVERTBRAL DISK/CT
           5519 S-E9+NT
L10
                E E26+ALL
L11
           9418 S E5+NT
                E E4+ALL
L12
          11408.S E4
L13
          53786 S E4+NT
                E SCIATIC/CT
L14
          19276 S E4+NT
                E E47+ALL
L15
           2767 S E6+NT
L16
            517 S L4 AND L5-L15 ,
              8 S L4 AND (SLIP? OR ?HERNIA?) (L) (DISK OR DISC OR DISCAL?)
L17
                E VERTEBRA/CT
                E E4+ALL
                E E2+ALL
L18
            104 S E8+NT AND L4
                E SPINAL CORD/CT
            213 S L4 AND (E3+NT OR E4+NT)
L19
L20
            76 S L4 AND (E47+NT OR E93+NT)
L21
              0 S L4 AND E132+NT
L22
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644 S L7, L16-L20

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E BACK/CT
 L23
               44 S L4 AND E3+NT
 L24 .
                6 S L4 AND E9+NT
 L25
              216 S L4 AND E31+NT
 L26
              855 S L22-L25
              102 S L26 AND NEEDL?
 L27
              79 S L26 AND INJECT?
 L28
 L29
                5 S L26 AND SYRING?
                  E NEEDLE/CT
                  E E40+ALL
              17 S L26 AND E3+NT
 L30
                  E SYRINGE/CT
                  E E10+ALL
 L31
               0 S L26 AND E3+NT
                 E INJECTION/CT
                 E E3+ALL
                 E E2+ALL
 L32
              36 S L26 AND E4+NT
 L33
             168 S L27-L32
 L34
              29 S L33 NOT AB/FA
                 SEL DN AN 24 25 29
 L35
               3 S L34 AND E1-E9
 L36
             139 S L33 NOT L34
                 SEL DN AN 16 42 93 L36
 L37
               3 S E10-E18 AND L36
            1384 S L3(L)MT/CT
 L38
 L39
             841 S L38/MAJ
 L40
              17 S L39 AND ?VERTEB?
 L41
             17 S L40 AND L1-L40
                 SEL DN AN 9
 L42
               1 S L41 AND E19-E21
L43
              69 S L39 AND L26
 L44
              58 S L43 NOT L40
L45
              25 S L44 NOT AB/FA
              33 S L44 NOT L45
 L46
                 SEL DN AN 11 26 31
 L47
               3 S L46 AND E22-E30
L48
             766 S L39 NOT L40-L47, L35
L49
            410 S L48 NOT AB/FA
L50
            113 S L4 AND OLDMEDLINE/FS
L51
            4769 S L4 NOT AB/FA
L52
            4540 S L4 NOT L50, L51
L53
             356 S L52 AND L48
L54
              0 S L53 AND ?DISK?
              52 S L53 AND ?DISC?
L55
L56
              38 S L53 AND (BACK? OR SPIN?)
L57
              1 S L53 AND ?HERNIA?
L58
               2 S L53 AND ?COMPRESS?
                 SEL DN AN 1
L59
              1 S L58 AND E31-E33 .
L60
              69 S L39 AND L26
L61
              26 S L60 NOT AB/FA
L62
              43 S L'60 NOT L61
L63
               8 S L35, L42, L47, L59 AND L1-L62
              * E INJECTIONS, SPINAL/CT
                 E E3+ALL
L64
           .8331 S E5+NT
                 E E22+AKK
                 E E3+ALL
L65
           5980 S E5+NT
L66
              49 S L4 AND L64, L65
L67
             6 S L66 NOT AB/FA
             52 S L55 NOT L67
L68
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'52 S L38 AND L68
L69
                 E MUSCLE/CT
                 E E3+ALL
                 E E2+ALL
            163 S L4 AND E5+NT
L70
L71
              22 S L70 AND L26
L72
              7 S L71 NOT AB/FA
              15 S L71 NOT L72
L73
L74
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L75
              20 S L74 AND L38
L76
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               8 S L63 AND L1-76
L77
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                 E E3+ALL
            7737 S E3+NT
L79
            8234 S L78, L79
L80
L81
              32 S L80 AND ?HERNIA?
                 E SPINAL/CT
L82
            6715 S E13+NT
L83
          32800 S E67+NT
L84
             662 S E112+NT
L85
           3782 S E134+NT
L86
            1273 S E165+NT
L87
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L88
           3770 S E189+NT
L89
               6 S E212
L90
               5 S E215
L91
          17717 S E242+NT
L92
           1037 S E258+NT
L93
           1490 S E271+NT
           6620 S E297+NT
L94
L95
              7 S E324
           1027 S E323
L96
L97
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            178 S E335+NT
L98
           1042 S E349+NT
L99
           8782 S E351+NT
L100
           1474 S E359+NT
L101
L102
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L104
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                 E E438+ALL
L105
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                 E E4+ALL
           8481 S E9+NT
L106
L107
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                 E VERTEBR/CT
                 E E4+ALL
L108
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L109
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                 E INTERVERT/CT
L110
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           1716 S E22+NT
L113
           8481 S E36+NT
L114
           6107 S E52+NT
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L115

1840 S E85+NT

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L116
             335 S L80 AND L82-L115
L117
             344 S L81, L116
L118
           . 101 S L117 NOT AB/FA
L119
             243 S L117 NOT L118
            196 S L119/ENG
L120
L121
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L122
            196 S L120 NOT L121
            484 S L80 AND (SPINE OR SPINAL)
L123
L124
            542 S L80 AND (?SPINE OR ?SPINAL?)
L125
            542 S L123, L124
L126
            115 S L125 NOT AB/FA
L127
            427 S L125 NOT L126
L128
             38 S L127 AND ?VERTEB?
            389 S L127 NOT L128
L129
             29 S L129 AND INSERT?
L130 ·
                 E METHOD/CT
L131
           1669 S E11+NT AND L80
               E E13+ALL
L132
            105 S E2+NT AND L80
           1669 S L131, L132
L133
L134
           1080 S L133 AND L79/MAJ
                E ACUPUNCTURE/CT
                E E3+ALL
             43 S L134 AND L125
L135
                E SPINE/CT
L136
             89 S E3+NT AND L80
L137
             85 S E38+NT AND L80
L138
              4 S E79+NT AND L80
             14 S E88+NT AND L80
L139.
L140
              3 S E102+NT AND L80
L141
              1 S E124+NT AND L80
L142
              1 S E153+NT AND L80
L143
              1 S E173+NT AND L80
L144
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L145
            183 S L135-L144
L146
             52 S L145 NOT AB/FA
L147
            131 S L145 NOT L146
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L148
           5582 S ?ACUPUNCT?
         . 334 S L148 AND (SPINE OR SPINAL?)
L149
            367 S L148 AND (?SPINE OR ?SPINAL?)
L150
          5337 S L148 AND ?VERTEBR?
L151
L152
             10 S L148 AND ?VERTEBRAE?
L153
            47 S L148 AND ?VERTEBRAL?
             34 S L148 AND (DISK OR DISC OR DISCAL)
L154
             34 S L148 AND (?DISK OR ?DISC OR ?DISCAL)
L155
L156
            421 S L149, L150, L152-L155
L157
           116 S L156 NOT AB/FA
L158
           305 S L156 NOT L157
L159
              2 S L158 AND 18002/CC
L160 .
             4 S L158 AND ?HERNIA?
L161
           11 S L158 AND ?COMPRES?
L162
            15 S L160, L161
L163
            289 S L158 NOT L159-L162
        · ' 30 S L163 AND 175?/CC
L164
L165
            259 S L163 NOT L164
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L166

214 S ACUPUNCT?